

insideout
Talent Enhancement Solutions

RICARDO PEIXE

CURRICULUM VITAE & BIO



RICARDO PEIXE

High Performance Coach & Trainer

Born in Oporto, in August 24th, 1980.

Passionate about communication and influence, in one way or the other, he has always been in touch with that area. From the restaurants to sales, from companies to sports clubs. He is a father of three beautiful children that teach him about love and life on a daily basis.

- Major in Management @ FEP (UP)
Master Practitioner in NLP & Certified Coach
Specialist in Communication & Influence
Senior Trainer in Leadership, Coaching & Sales
Inspirational Speaker

AREAS OF PERFORMANCE

COMUNICATION & INFLUENCE

Trainings and content in Leadership, Sales and Public Speaking. Programs that will develop your ability to communicate, lead and motivate your team; understand where is the buy button of your clients; and make your corporate presentations a hit.

INSPIRATIONAL MOTIVATION

Keynote speeches and events that will leave an enduring impression in the organization. The moment where you gather your whole company to convey a message is a real opportunity to create an impact on everybody. but only when its done right.

STRATEGIC CONSULTING

Powerful methods developed by synthetizing and aplying the best practices of the market place. All with the purpose of allowing your organization a clear insight on reality and an objective vision of the future. The basic fundamentals for success.

EXPERIENCES

INSIDEOUT

(2011 - Today)

insideout
Talent Enhancement Solutions

- **CEO, Coach, Trainer, Speaker, Author**

Creation of training programs, events and exclusive content, as well as the development and delivery of tailor made projects and open workshops.

LIFE TRAINING

(2008 - 2016)

LIFE TRAINING
INSPIRANDO DECISÕES APAIXONADAS

- **Senior Coach & Trainer**

Responsible for creating and delivering training programs to top companies in the areas of leadership, sales, motivation, etc.

HOLMES PLACE (2005 - 2008)

**HOLMES
PLACE**

- **Sales Consultant/Manager/Key Account**

Sales, Team Management and Planning, Responsible for managing key partnership with big companies.



EXPERIENCES

PNL

(2010 & 2011)



- **Practitioner & Master Practitioner**

NLP is the area of knowledge that studies the communication of the human being with himself and with others. It focuses on observing, encoding and modeling success behaviours and attitudes.

COACHING

(2006)



- **Certified Coach**

Coaching is the process in which we help someone access the current situation, establish a future goal, find the ways to get there and unleash the necessary resources.

MANAGEMENT

(1998 - 2005)



- **Major**

College Degree on a subject which focuses on the tools and theories of the economic market and business management.

ACADEMIC





HOBBIES

CROSSFIT

The practice of sport has always been a part of my life.

Although I tried several, Taekwondo and Running were the most serious ones. But the one that really got to me was Crossfit. I have been doing it for four years and with no intention to stop!

COMPETITION

Ever since I was a child that I love games. Computer, console, cards or board. From strategy to RPG, from king to poker, from Risk to Pictionary, playing a game is something that amuses and stimulates me.

MAGIC

Magic is the art of challenging the impossible.

As an amateur magician I use tricks and illusions to defy the beliefs of those I encounter and create powerful metaphors.

200+

Companies, universities and
organisations inspired until
today

PASSION

"Inspiring other to achieve happiness"

In the past 8 years i have facilitated more than 400 training sessions, in a total amount of hours superior to 25.000, in companies from over 30 areas of activity.

The previledge of doing what we love comes with the responsibility to fully engage at the highest level and to continiously pursue the improvement of all processes.

WHAT THEY SAY ABOUT ME



"The impact was striking, with measurable improvements that endured in time. Satisfaction is well expressed in the comments received after the completion of the program ... "

- JOSÉ MARQUES, LEARNING & DEVELOPMENT MANAGER

"Working with Ricardo means to be focused on the highest level. The continuous search for the next plateau. The reference is always what is best practice in the world on the specific subject we are dealing with."

- GABRIEL MORIM, NATIONAL SALES MANAGER DIRECT CHANNELS

"Ricardo has a contagious energy, a major focus and generosity. He excels in all projects in which I had the opportunity to work with him . It's a real source of motivation! "

- SARA AZEVEDO, HR DIRECTOR

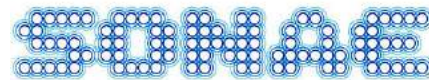
"Working with Ricardo and his team is a guarantee that it will be a very positive experience. In a dynamic, assertive , cheerful and relaxed way... "

- CARLA MARQUES, SALES CHANNELS



HAPPY CLIENTS

PROJECTS COMPLETED WITH:



E.Leclerc, Cetelem, SPAL, BA Vidro, Nors, Vila Galé, Hilti e muitas outras...

MORE THAN

45.000

INSPIRED PARTICIPANTS



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